

姓名：周楠

职称：副教授

研究领域：家庭养育、儿童体质健康、社会性与情绪发展

邮箱：nanzhou@cnu.edu.cn

代表性学术成果：

（一）学术论文（请选择 10 篇代表作）

- Zhou, N.**, Cheah, C. S. L., Wang, G., & Tan, T. (2020). Mothers' feeding profiles among overweight, normal weight and underweight Chinese preschoolers. *Appetite*, 152. doi: 10.1016/j.appet.2020.104726
- Chen, B., & **Zhou, N.** (2019). The Weight status of only children in China: The role of marital satisfaction and maternal warmth. *Journal of Child and Family Studies*, 28(10), 2754-2761. <https://doi.org/10.1007/s10826-019-01455-z>
- Liu, S., **Zhou, N.**, Wang, Z., Hao, Y. (2019). Maternal childhood emotional abuse predicts Chinese infant behavior problems: Examining mediating and moderating processes. *Child Abuse & Neglect*, 88, 307-316. <https://doi.org/10.1016/j.chiabu.2018.12.006>
- Zhou, N.**, Cheah, C. S. L., Li, Y., Liu, J., & Sun, S. (2018). The role of maternal and child characteristics in Chinese children's dietary intake across three groups. *Journal of Pediatric Psychology*, 43(5), 503-512. doi: 10.1093/jpepsy/jsx131
- Liu, S.#, **Zhou, N.#**, Wang, Z., Liang, X. & Shi, J. (2018). Maternal life stress and subsequent Chinese toddlers' social adjustment: The moderating role of inhibitory control. *Journal of Child and Family Studies*. 27(2), 412-420. doi: 10.1007/s10826-017-0887-1 #Co-first authors.
- Zhou, N.**, Cheah, C. S. L., Van Hook, J., Thompson, D., & Jones, S. S. (2015). A cultural understanding of Chinese immigrant mothers' feeding practices. *Appetite*, 87, 160-167. doi:10.1016/j.appet.2014.12.215
- Zhou, N.** & Cheah, C. S. L. (2015). Ecological risk model of childhood obesity in Chinese immigrant children. *Appetite*, 90, 99-107. doi:10.1016/j.appet.2015.02.028
- Cheah, C. S. L., Li, J., **Zhou, N.**, Yakamoto, Y., & Leung, C. Y. Y. (2015). Understanding Chinese immigrant and European American mothers' expressions of warmth. *Developmental Psychology*, 51(12), 1802-1811. <http://dx.doi.org/10.1037/a0039855>
- 周楠**, 张静驰, 张雯, 丁雪辰(2020). 生态系统理论视角下我国儿童肥胖的影响因素. *心理科学*, 43(4), 835-843. doi:10.16719/j.cnki.1671-6981.20200410
- 周楠**. (2017). 我国学龄前儿童家庭喂养状况研究进展. *中国学校卫生*, 38(11), 1757. doi: 10.16835/j.cnki.1000-9817.2017.11.047

（二）会议报告

- 周楠, 王争艳. 早期母亲喂养方式与婴幼儿气质的纵向研究: 基于个体中心视角. 中国心理学会发展心理专业委员会第十五届学术年会, 2019年6月。
- Zhou, N. (March, 2019). *Parenting and child temperament predicts Chinese preschoolers' emotional eating behaviors*. Biennial Meeting of Society for Research in Child Development, Baltimore, MD, U.S.
- Zhou, N., Wang, Z., & Liu, S. (July, 2018). *Chinese mothers' feeding profiles during motherhood transition: associations with individual and marital factors and infant temperament*. 25th Biennial Meeting of the International Society for the Study of Behavioral Development, Gold Coast, Queensland, Australia.
- Zhou, N., Wang, Z., Liu, S., & Cheah, C. S. L. (April, 2017). *The role of infant temperament and marital satisfaction in maternal feeding styles during the transition to parenthood*. Biennial Meeting of Society for Research in Child Development, Austin, TX, U.S.
- Zhou, N., Cheah, C. S. L., Li, Y., & Liu, J. (July, 2016) *Moving on up: Parenting and young Chinese children's risk for obesity in the U.S. and urban China*. 24th Biennial Meeting of the International Society for the Study of Behavioral Development, Lithuania.
- Zhou, N., Cheah, C. S. L., & Balkaya, M. (March, 2015). *Asian immigrant parents' early-life deprivation predicts their current food parenting beliefs and child diet*. Biennial Meeting of Society for Research in Child Development, Philadelphia, PA, U.S.

主持课题项目:

1. 2019年度北京市属高校高水平教师队伍建设青年拔尖人才培育计划, 2019-2021
2. 国家自然科学基金青年科学基金项目, 儿童肥胖问题早期风险识别研究: 基于发展心理学视角, 2018/01-2020/12
3. 北京市社会科学基金青年项目, 差别易感性假说在幼儿超重与肥胖成因中的应用, 2017/07-2020/06
4. Brigham Young University 跨文化研究项目, Parents and Children in Families and in Cultures- Beijing Site, 2016/01-2019/12
5. 首都师范大学-中青年骨干教师人才项目-青年燕京学者培育对象, 2017/01-2019/12
6. 首都师范大学-科技创新服务能力建设-交叉科研项目, 自我调节与母亲养育对儿童超重和肥胖的关系研究, 2017/01-2017/12

近年指导学生论文题目 (如果暂时没有可不填)

《学前儿童执行功能与饮食行为关系的研究》，张静驰，2020年

《家庭喂养、儿童气质与幼儿饮食行为的关系》，管梦雪，2020年

《幼儿园饮食营养教育的现状研究》，李辛香，2020年

《母亲自主支持和鼓励联结与幼儿社会行为发展的关系研究》，范倩倩，2020年